



GOVERNMENT SCIENCE COLLEGE, GANDHINAGAR

Gymkhana Report Year:2020-21



Gymkhana Committee

Khel-kud, vyayam and yog dhara





Government Science College Gandhinagar



Gymkhana Committee

The Gymkhana Committee organizes various activities throughout the year according to the academic calendar as well as the sports calendar announced by Gujarat University and tries to ensure that maximum number of students participate in sports and get healthy and fit. The Gymkhana Committee organizes various inter-class competitions to recognize the talent of the students and encourage them to participate for state and national level competitions. Also, throughout the year, meetings are held from time to time and procedures for the purchase of facilities and equipments required by the students are taken with the permission of the Principal. At the same time, efforts are being made to create, maintain playgrounds and necessary facilities in the institution.

• Gymkhana Committee Year 2020-21

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| 1. Dr. Kiritsinh B. Zankat (Chairman) |
| 2. Dr. Jignasa J. Vaghela (P.T.I.) |
| 3. Shri Heenaben Arya (Member) |
| 4. Shri Yagneshbhai Chaudhary (Member) |

- In charge of Khel-Kud exercise and Yogadhara under Saptadhara.: Dr. K. B. Zankat



Report on Yoga Demonstration and Training Programme

Under Khelkud Vyayam and Yog Dhara of Saptdhara

Date: 26/02/2021

Time: 3.00 PM

Event Venue: Baiseg Hall. Government Science College, Gandhinagar

Program Committee:

- Dr. M. G. Bhatt, Principal, (Programme Chairman)
- Smt. Chandrikaben Upadhyay (Yoga Instructor)
- Dr. K. B. Patel (Saptdhara Chairman)
- Dr. K. B. Zankat (Chairman Gymkhana Committee, In-charge of Khel-Kud Vyayam and Yog Dhara)
- Dr Jignasa J. Vaghela (PTI, NCC Officer)
- Dr. U. P. Tarpada (NSS Programming Officer)
- Entire Gymkhana Committee

Program Report:

On 26/02/2021, a program of 'Yoga Demonstration and Training' was held at Government Science College under the chairmanship of the principal of the institute by Gymkhana Committee under Khelkud Vyayam Yog Dhara of the Saptdhara. About 60 students and professors of the institute participated enthusiastically. Ms. Chandrikaben Upadhyay yoga instructor from 'Gujarat State Yoga Board' trained the students present in the program through yoga demonstration. The principal of the institute was present in this program and provided encouraging guidance.



Report on Yoga Demonstration and Training Programme

(Under Khelkud Vyayam, Yog Dhara of Saptadhara D:26/02/2021)



Under-19 Handball Competition (State Level)

Date:05/03/2021 to 07/03/2021

Place:Bhavnagar

In the above competition, 10 students of our institute went to participate in Gandhinagar district team. whose names are as follows.

| | |
|-----|---------------------|
| 1. | Barad Bhagirath |
| 2. | Dangar Punitkumar |
| 3. | Bambhania Rohit |
| 4. | Parmar Sarvajit |
| 5. | Barad Harshit |
| 6. | Prajapati Raj |
| 7. | Makwana Dhrumil |
| 8. | Limbachia Siddharth |
| 9. | Rao Vivek |
| 10. | Vala Kaushik |

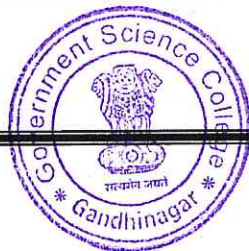


Under-19 Handball Competition (State Level), Bhavnagar



Senior Division National Level Handball Competition (Women)

Khushi Jaiswal, a student of our institution, was selected for the Gujarat team in the senior women's division national level handball competition. The competition was held at Bareilly in Uttar Pradesh from 21/03/2021 to 25/03/2021.



Senior Division National Level Handball Competition (Men)

Senior National Handball Competition was held at Indore, Madhya Pradesh from 30/03/2021 to 03/04/2021. For which Barad Bhagirath, a student of our institution was selected in the Gujarat team.



Gujarat University Athletics Selection Trials

After announcing the program for athletics by Gujarat University, a selection process was organized to participate in this competition from the institute. In this process 12 players were selected and their entries were sent to the Gujarat University local sports committee.

Mountaineering Camp

Gujarat University organizes various adventure camp activities every year, in which 2-2 names are sent from your institution for each camp every year. This year also 2 names have been sent for Basic Mountaineering Camp and 1 for Advanced Camp. Besides this, 2 names have been sent for basic camp at Mountaineering Institute at Mount Abu. These students will be able to participate after the Corona situation normalizes.



Selection for Senior Division Handball Competition (Men)

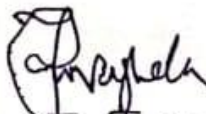
Date: 14/03/2021

Venue: Sector-15, Gandhinagar

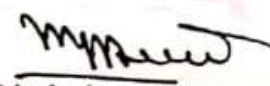
05 students of our institute participated in the above selection trial and also got the certificate. The names of these students are as follows.

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|-----------------------|
| 1. Barad Bhagirath |
| 2. Dangar Punit kumar |
| 3. Bambhania Rohit |
| 4. Parmar Sarvajit |
| 5. Barad Harshit |




(Dr. J. J. Vaghela)
P.T.I (P.E. & sports)




Principal,
Government Science College,
Gandhinagar.
(GES Class-I)